Glow Shine Academy

Khairahani -8, Parsa

Terminal Planning

Terminal 1st

Subject: Paragon

Class:1

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| Sn | Unit | Lesson | Objectives | New words | Possible questions | Project work | Teaching Materials |
| 1 | 1 | Me and My Family  -My Family  -Mom Always Knows my | Students will be able to know about family  -Students will be able to describing about mother. | Study,Grade,years,  Nurse,beautiful,  University  Forget , rides ,dentist | -Who is six years old?  -Who is a nurse?  -Whom do we often forget? | Family poster  Presentation about mother | Poster of family . |
| 2. | 2 | -My Daily Life  In the Playground | Students will be able to know about daily routine.  Students will be able to making e kite. | Holiday,things, clean, yoga, assembly,periods,dinner  Kite, skip,rope, far, slow,fly,paper, | What time does Manish get up?  -Who can run fast? | Can define the daily life  Cut and paste kite. | Clock, time schedule  Skipping rope, paper,scissors |

Glow Shine Academy

Khairahani-8,Parsa

Terminal Planning

Terminal 2nd

Subject: Paragon

Class:1

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| Sn. | Unit | Lesson | Objective | New words | Possible questions | Project work | Teaching Materials |  |
| 1 | 3 | -Our School  -My classroom  -Do Your Homework Now | Students will be able to know how to keep the classroom clean  Students will be able to do their homework | Famous, locality, qualified, experience, building, compound, comfortable  Twice,forgetting,  Dressed, fair, treat, repeating, stuff, fluff | -Where are the drawings?  Who has a yellow bag?  -Is it forgetting to do homework nice? | Draw the picture of school. | Show the picture of classroom. |  |
| 3 |  | -Our community |  |  |  |  |  |  |
| 1 | 6 | Our Culture  -A Good Neighbour  -The Best Gift | -They know how to help each other.  -Can find out good people or bad people  -They know their friends birthday. | Dirty, afraid, alone, downstairs, smelled,waste,watchman,  Break, rushed,  Handkerchief, poor, brightest,wonderful, gifts,  Surprised,clapped | -Fill in the blanks.  -How did she obey her parents?  -Match the following.  -Make sentences. | Write any five sentences about your good neighbor.  Draw the birthday cake and color it. | Show the picture of good habit.  Show the picture of birthday party. |  |
|  |  | -REVISION |  |  |  |  |  |  |

Glow Shine Academy

Khairahani -8, Parsa

Terminal Planning

Terminal: 3rd

Subject: Paragon

Class: 1

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| Sn | Unit | Lesson | Objective | New words | Possible questions | Project work | Teaching materials |
| 1 | 4 | -Our environment  -A fun nature walk  -Let’s Preserve Our Nature | students will be able to know about clean and dirty environment  Students will be able to know about nature .  -To preserve the nature | stream,drops,jump,breaks,naughty,barks  shining,breeze,mess,polluting,preserve,rest | Who is jackie?  Tick the right answer  -Fill in the blanks with this,that,these ,those. | -Colour the picture of nature  Colour the following pictures, | -Show the picture of environment  Show the picture of nature. |
| 2 | 5 | My Belongings  -Dashain at my Grandparent’s Home  -The Truthful Cow | Students will be able to know their relations.  -Can find out the different festivals  Students will be able to know truth and lies. | Bharatpur, vacation, Damauli,Tanahu, storeys ,balcony,roof | -Write True or False.  -Fill in the blanks.  -How is the garden? | Which festival do you like? Write any five sentences | Show the pictures of different festivals. |
| 3 | 10 | Birds and Animals  -The Dog, the Cock and the Fox | Students will be able to know different types of birds and animals.  Students will be able to know how to save their life. | Domestic, corn, flesh, babies, forest, harmful, transport  Decide, farmyard, spirits, adventure, creep, branch, wings, lustily, honoured, porter | -Fill in the blanks.  -Name the babies of animals.  -Write the opposite words.  -Match the following. | Colour the animal.  Write a paragraph about your favourite animal. | Show the picture of birds and animals. |
| 4 | 9 | Hobbies and Interests  -My Hobbies  -Who are they | Students will be able to know their hobbies.  They will be able to know their relatives. | Hobbies, huge, drama, movie, serials, exercise, gym,  comic, pudding, museum  Juice, crayons, hills, mountains, danger, window, softly,whispers,  Climbing, thives | -Write True or False.  -What does Mohan watch on TV?  -Make sentences.  -Write True or False. | Make a list of your likes and dislikes.  What are your hobbies? Write five sentences. | Show the cards of new words. |
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Glow Shine Academy

Khairahani-8,Parsa

Terminal Planning

Terminal: 4th

Subject: Paragon

Class: 1

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| SN. | Unit | Lesson | Objectives | New words | Possible questions | Project work | Teaching materials |
| 1 | 7 | Communication Technology and Market  -Computer, Computer!  -A Fair | Students will be able to know about computer.  -parts of computer.  They will be able to know different types of things | Parts, CPU,drive, monitor,  Keyboard, buttons, printer,scanner  Fair, heading, street, angry, shouting, ticket,ckecking, circus, magic | -Write the rhyming words.  -Choose the correct answer.  -Write True or False.  -Where is the fair? | Draw a computer.  Cut and paste the different kinds of pictures. | Show the parts of computer.  Show the picture of fair. |
| 2 | 8 | Fruits and Vegetables  -Our Bazaar  -Grandpa and Grandma | Students will be able to know different types of bazaar.  They will be able to know  -how to grow vegetables.  -how to dig the soil. | Bazaar, picks, favourite,  Haluwa  Cousin, shed, garden, kitchen, basket, bucket, digs, soil | -Match the following.  -Tick the right words.  -Fill in the blanks.  -Who are Binu and Yam? | -Visit a local shop with fruits and vegetables.  Draw the picture of fruits and vegetables. | Show the real fruits and vegetables. |
| 3 |  | My Activities |  |  |  |  |  |

**GLOW SHINE ACADEMY SECONDARY SCHOOL**

**Khairahani – 8, Chitwan**

**Terminal Planning**

Subject : Mathematics Terminal: 1st Term

Class : One

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| **Sn.** | **Unit** | **Lesson** | **Objectives** | **New Words** | **Possible Questions** | **Project Work** | **Teaching Materials** |
| 1. | 1 | lesson -1  Size and position of objects | Recognizing objects accordingly to their size and position |  | * Tick the correct answer * Match the following |  | Real materials |
|  |  | Lesson – 2  -Number knowledge up to 1 to 10  -Devanagari numbers  -Romans numbers | students will be able to know ascending and descending orders,  -to know the devnagari numbers name up to 10  -to know the numbers greater than less than and equal to. |  | write the missing numbers  -write the number and number name in devnagari  -put <,> or = in the boxes  -write the number in ascending and descending order |  | Chart paper |
|  |  | Lesson – 3  Time and Calendar | Identify time by looking at the hour and minute on clock  -can tell the date using the calendar |  | Tick the correct options  Write the time that these clock show  Draw the hour and minute hand of the clock to show the time  complete the following | Cut and paste | Chart paper |
|  |  | Lesson – 4  Number knowledge up to 21 to 100 | * Identifying, counting and writing the numbers from 21 to 100 * To know the Devnagari numbers and Hindu Arabic numerals up to 100 |  | Match the following  Write the number name in Devnagari  Write the number name in Hindu Arabic |  | Chart paper  Number cards |
|  |  | Multiplication table of 2,3,4 | * To know the multiplication table of 2,3,4 |  | Write the multiplication table of 2,3,4 | Multiplication table of 2,3,4 |  |

**GLOW SHINE ACADEMY SECONDARY SCHOOL**

**Khairahani – 8, Chitwan**

**Terminal Planning**

Subject : Mathematics Terminal: 2nd Term

Class : One

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| **Sn.** | **Unit** | **Lesson** | **Objectives** | **New Words** | **Possible Questions** | **Project Work** | **Teaching Materials** |
|  |  | Lesson – 11  Ordinal numbers (position) | Identifying the ordinal numbers from 1 to 10 |  | Write the positions of the animals |  | Chart paper |
|  |  | Lesson - 5  Addition (sum up to 10) | Adding number up to sum 10 by using solid objects |  | * Add the following * Fill the missing numbers in the given addition table * Complete the given boxes |  | Chart paper |
|  |  | Lesson – 6  Subtraction (using number up to 10) | Subtracting the numbers up to 10 by using solid objects |  | Subtract vertically  Complete the table  Word problems in subtraction |  | Chart paper |
|  |  | Lesson – 8  Addition up to sum 20 | * Adding two numbers up to digits 20 |  | Add the following number stories |  | Chart paper |
|  |  | Lesson – 9  Subtraction using digits from 11 to 20 | * Subtracting two numbers up to digits 20 |  | Subtract the following  Solve the word problems of subtraction |  | Chart paper |
|  |  | Multiplication table of 5,6 | * To know the multiplication table of 5,6 |  | Write the multiplication table of 5,6 | Table 5,6 |  |
|  |  | Lesson – 7  Number knowledge from 11 to 20 | * Students will able to know ascending and descending orders * To know the Devnagari numbers name up to 20 * To know the numbers greater than, less than and equal to |  | Write the missing numbers  Write the number and number name in Devnagari  Put >,< or = in the boxes  Write the number in ascending and descending order |  | Chart paper |

**GLOW SHINE ACADEMY SECONDARY SCHOOL**

**Khairahani – 8, Chitwan**

**Terminal Planning**

Subject : Mathematics Terminal: 3rd Term

Class : One

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| **Sn.** | **Unit** | **Lesson** | **Objectives** | **New Words** | **Possible Questions** | **Project Work** | **Teaching Materials** |
|  |  | Lesson – 10  Even and odd numbers | * To recognize the odd / even numbers |  | * Circle, tick and cross * Write the odd / even numbers |  | Chart paper |
|  |  | Lesson – 17  Length | * Measuring objects by using non-standard units and identifying big and small, tall and short, long and short, etc. |  | Tick (✓) for the longer object and cross (X) for the shorter one  Measure the following objects using a ruler | Cut and paste | Chart paper |
|  |  | Lesson – 12  Number knowledge from 21 to 100 | * Counting and writing the numbers from 21 to 100 * TO know the 1 numbers what comes after / before / between |  | What comes after / before / between  Match the following  Write in the words  Write in numbers |  | Chart paper |
|  |  | Lesson – 13  Addition up to sum 100 | * Can add 2 and 3 digits number (without carrying and borrowing) |  | Solve these number stories  Add regrouping |  |  |
|  |  | Lesson – 14  Subtraction up to 100 digits | * Subtracting 2 and 3 digit numbers * Write without carrying and borrowing |  | Subtraction by regrouping  Solve these number stories |  | Chart paper |
|  |  | Multiplication table of 7,8 | * To know the table of 7,8 |  | Write the multiplication table of 7,8 |  |  |

**GLOW SHINE ACADEMY SECONDARY SCHOOL**

**Khairahani – 8, Chitwan**

**Terminal Planning**

Subject : Mathematics Terminal: 4th Term

Class : One

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| **Sn.** | **Unit** | **Lesson** | **Objectives** | **New Words** | **Possible Questions** | **Project Work** | **Teaching Materials** |
|  |  | Lesson – 16  Money | * Identify the coin and money up to Rs. 100 |  | * Number stories * Match the following | Cut and paste | Real materials |
|  |  | Lesson – 18  Pictograph | * Collecting the information and counting the numbers of objects from the pictures. |  | Answer the following questions with help of following pictograph  Draw a pictograph using the data from the given table |  | Chart paper |
|  |  | Lesson – 19  Multiplication | * Multiplication the numbers in the form of repeated addition. * Multiplication tables of 2 to 10 |  | Number stories  Multiplication table of 2 to 10 | Write the table of 2 to 10 | Chart paper |

Glow Shine Academy

Khairahani -8, Parsa

Terminal Planning

Terminal 1st

Subject: English Grammar

Class:1

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| Sn | Unit | Lesson | Objectives | New words | Possible questions | Project work | Teaching Materials |
| 1 | 1 | -English Alphabet | -Learn about capital and small letters , vowels and consonants | Vowel , consonant , prawn ,library , basket , garden | -Circle the words that should begin with a capital letter.  - | -Find and colour the vowels | -Chart paper |
| 2 | 3 | -Countable and Uncountable Nouns | -The students will be able to know about countable and uncountable nouns | Water , ink , duck ,salt | -Group the given words under the correct column | Write C for countable and U for uncountable nouns. | Real objects |
| 3 | 4 | Singular and Plural Nouns | The students will be able to change singular noun into plural | Horn , mountain , marble, dress | Change into plural | Cut and paste the picture of singular and plural noun | Real objects |
| 4 | 5 | -Pronoun | The students will be able to know about pronoun | Sister , they , group | -Circle the correct pronouns | -Find and colour the pronoun | -Chart paper |
| 5 | 8 | Am, Is, Are | Able to learn about use of is, am and are | Potter  Dancer  Singer  Newspaper  Clapping  Hide and seek  Twinkling | Fill in the blanks with is, am or are | Cricle is, am or are in the following sentences. | Chart paper |

Glow Shine Academy

Khairahani-8,Parsa

Terminal Planning

Terminal 2nd

Subject: English Grammar

Class:1

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| Sn. | Unit | Lesson | Objective | New words | Possible questions | Project work | Teaching Materials |
| 1 | 12 | Prepositions | Able to learn the use of propositions | Preposition  Behind  Under  In front of  Far  Near | Fill in the blanks with in, on or under. | Draw a picture where concept of preposition is clearly seen. | Real objects |
|  |  | REVISION |  |  |  |  |  |

Glow Shine Academy

Khairahani -8, Parsa

Terminal Planning

Terminal: 3rd

Subject: English Grammar

Class: 1

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| Sn | Unit | Lesson | Objective | New words | Possible questions | Project work | Teaching materials |
| 1 | 6 | Adjective | Students will be able to know about use of adjectives | Beautiful  Happy  Thin  Sour  Strangers  Sweater | -Tick the correct answer | Colour the correct adjectives | -Chart paper |
| 2 | 7 | This, That, These, Those | Student will be able to know the uses of this, that, these and those  Students will be able to  -know truth and lies. | This  That  These  Those | -Write these for the things that are near and those for the things that are far. | -Colour the correct option | -Chart paper |
| 3 | 9 | Has and Have | They will learn about has and have | Wheel  Bicycle  Match  Whiskers | Fill in the blanks with has or have. | Circle has and have in the following sentences. | Chart paper |
| 4 | 10 | Punctuation | Learn about the methods of punctuation | Necessary  Punctuation  Festival  Middle  Capital  Doggy  Pronoun | Punctuate the following sentences with capital letters where necessary. | Circle the words which starts with capital letters | Chart paper |
| 5 | 14 | Affirmative and Negative Sentences | Able to know about positive and negative sentences | Negative  Affirmative  Feeding  Chopping  Planting  Wagging | Write not in the blanks. | Tick in the correct box. | Chart paper |

Glow Shine Academy

Khairahani-8,Parsa

Terminal Planning

Terminal: 4th

Subject: English Grammar

Class: 1

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| SN. | Unit | Lesson | Objectives | New words | Possible questions | Project work | Teaching materials |
| 1. | 2 | -Special and Common Names | -The students will be able to find out special and common names | Stadium , zoo , patient , | -Match the special names with their common names. | Look at the pictures and label them with common names | Flash cards |
| 2 | 11 | Doing words | Students will be able to know about verbs. | Moos  Roars  Shines  Hiss  Crawls  Paint  Treats  Laughs | Complete the sentences with suitable doing words. | Complete the sentences with correct words from the list below. | Chart paper |
| 3 | 13 | Jumbled words and sentences | Able to know about arrangement of jumbled words and sentences | Jumbled  Pizza  Field  Actor  Ready | Arrange these groups of words to make meaningful sentences. | Tick the sentences and cross the jumbled words. | Chart paper |
| 4 | 15 | Smart writing activities | Able to develop basic writing skills | Guitar  Photograph  Breakfast  Crossed  Decided  Reached | Look at the picture and write what you see. | Tell any five sentences about yourself. | Chart paper |

Glow Shine Academy

Khairahani-8, Chitwan

Terminal Planning

Terminal: 1st

Subject: Science

Class: 1

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| SN. | Unit | Lesson | Objective | New words | Possible questions | Project work | Teaching materials. |
| 1 | 1 | Scientific Learning | -Students will be able to read biographies of scientist of Nepal. | observation,biography,scientific | -Choose the best answer  -Fill in the blanks | -Paste the picture of scientist of Nepal | -Show the picture of scientist |
| 2. | Unit-13 | Our Energy Source | * Student will be able to : * Recognize sun as the main source of energy * Recognize fire as another important source of energy | Dark  Bright  Source  Warm  Steam  Fire cake | * Fill in the blank by choosing the word from within the brackets * Which of the following need sunlight?Tick the correct answer. * Answer the following questions | Draw the picture of | Chart paper |
| 3 | 15 | Health Education  [13]-Keep Clean | -Students will be able to tell some ways to keep their body clean.  -Can tell the parts of our body. | Towel , bathing , taking a shower , rinse | -Fill in the blanks.  -Write True or False. | -Draw the picture of our body . | -Show the picture of parts of our body. |
| 4 | 14 | Health Education [14] Our Food | * Students will be able to know the need of food for us. * learn the importance of different types of food. * Learn to keep food safely and eat safe foods. | grain, cheese , lettuce , salad , beetroot | * Fill in the blanks * Answer the following questions. | Cut and paste | Real Materials |
| 5 | 19.1 | Physical Education  [1]-Fundamental Movement Skills | They know the outdoor games | Running, jumping, walking , hopping, |  |  |  |
| 6 | 19.2 | Learning movement skill is fun | They can do pedal power  They can do arn wrestling |  |  |  |  |
| 7 | 19.6 | Ball games | They can play throwing a ball |  |  |  |  |

**GLOW SHINE ACADEMY SECONDARY SCHOOL**

**Khairahani – 8, Chitwan**

**Terminal Planning**

Subject : Science Terminal: 2nd Term

Class : One

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| **Sn.** | **Unit** | **Lesson** | **Objectives** | **New Words** | **Possible Questions** | **Project Work** | **Teaching Materials** |
| 1. | 4 | Plants and Animals | * Students will be able to tell the differences between plants and animals. * Tell the ways animals are beneficial to the plants as well. | soil ,nest , care | * Fill in the blanks * Answer these questions * Put **(** * ) for correct and (x) for wrong statements | Observe the animals and plants of your surrounding  Write their names. | Chart paper |
| 2 | 5 | Animals Around Us | Students will be able to identify and name various organs of an animal.  Ni  Students will be able to classify animals on the basis of size, food and types of organs. | fore leg  hind leg  Horn  flesh  tail  suckle | * Match the following. * Answer these questions | Observe the animals of your surrounding and write their food.. | Show the picture of different types of animals. |
| 3 | 7 | Caring Plants and Animals | * Students will be able to learn to care animals and plants. * Students will be able to list the ways animals and plants cared. | care , fence , protect | * Write True or False. * Answer the following questions | Making the list of things that we provide to take care of pets. | Show the picture of different types of caring habits of plants and animals. |
| 4 | Unit-15 | Health Education [15] Be Healthy | * Students will be able to : * Identify healthy and sick people. * Learn the ways of keeping healthy themselves * Know the places and people from where we get the health | ill , doctor , nurse , patients, treatment | * Put**(** * ) mark for the correct and (x)mark for the wrong sentences . * Fill in the blanks. * Answer the following questions. | Make a list of health intuitions that provide health services in your locality | Chart paper |
| 5 | Unit – 16 | Be Safe | * Students will be able to know the importance of safety * Learn the safety habits | Accidents  Careful  Queue  Sharp | * Put a tick **(** * ) mark to the safe and (x)mark to the unsafe habit and activities * Fill in the blanks by choosing the word from the brackets | Draw the diagram of the traffic lights and colour it | Show the picture of good habit and bad |
| 6 | 19.3 | Unit-3  Physical Exercise(P.T and Drill) | They can do physical exercise  Bending back and front,side bending |  |  |  |  |
| 7 | 19.4 | Drill ecercise | Students can learn attention, stand at ease |  |  |  |  |
| 8 | 19.5 | Local games | They can play local games like hide and seek,dog and bone |  |  |  |  |
| 9 | 19.7 | Balancing the body | Students can do physical training to help move different parts of body |  |  |  |  |

**GLOW SHINE ACADEMY SECONDARY SCHOOL**

**Khairahani – 8, Chitwan**

**Terminal Planning**

Subject : Science Terminal: 3rd Term

Class : One

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| **Sn.** | **Unit** | **Lesson** | **Objectives** | **New Words** | **Possible Questions** | **Project Work** | **Teaching Materials** |
| 1 | 3 | Animals are living things | Students will be able to:  -explain animals are living things  -tell the features of animals as living things | -Kids,puppy,chick,reproduce,birth | -Choose the correct word and fill in the blanks  -Name the baby of | -Make a list of any five animals as living things | -Show the pictures of animals |
| 2 | 4 | Plants are living things | -Students will be able to explain about plants | -Roots,leaves,seeds,manure | -Fill in the blanks  -Put tick mark for the correct sentences and cross for the wrong sentences | -Make a list of plants found in your locality | -Show the picture of different kinds of plants |
| 3 | 5 | Living and non-living things | -Students will be able to explain living and non-living things  -Tell the features of living things | -Reproduce,grow,move,living things,non-living things | -What are living things  -Write true or false | -Make a list of any five living and non-living things | -Show the pictures of living and non-living things |
| 4 | 8 | Plants Around Us | * Students will be able to Identify trees, shrubs and herbs . * Students will be able to identify and describe various parts of plants. | trees, shrub ,herb , bushy ,season | * Fill in the blanks who am I? * Write the names of the parts of a plant. * Answers these questions | Uproot a plant and bring it to your school.  Identify root, stem and other parts of a plant | Show the different types of real plants. |
| 5. | 10 | Our Surroundings | Students will be able to   * Know what surroundings is. * Learn living and non-living things as the components of an environment * To bring awareness about the importance of clean environment * Identify clean and polluted environment | environment,surrounding, polluted | * Fill in the blanks * Tick the good habit and cross the bad habit. * Answer the following questions. | Observe the surroundings of your home or school. Make a list of things that are making your environment dirty. | Show the picture of clean and dirty environment |
| 6 | 11 | Things Around Us | Students will be able to   * Identify the materials by using their senses. * List the sense organs and their senses. | spherical,  rectangular  circular  identify | * Fill in the blanks by choosing the word from within the brackets. * Answer these questions * Match the following. | Identifying the objects. | Real materials |
| 7 | 12 | Water - Precious Drink | Students will be able to   * Identify water as important component of life. * List -various uses of water. * List the sources of water and the methods of keeping it safe. | Thirsty  Utensils  Well | * Fill in the blanks * Put**(**) mark for the correct and (x)mark for the wrong sentences . * Answer the following questions * Write the names of the sources of water. | Write five sentences of uses of water. | Show the picture of sources of water. |
| 8 | 14 | Our  Weather | * Students will be able to realise that weather changes everyday * Describe weather of the day as rainy , windy , cloudy, cold etc. * Aware about the precautions to be taken in different weather | Weather  Sunny  Cloudy  Rainy  Winter | * Fill in the blanks by choosing the words from the brackets * Match the word with the pictures. * Answer the following questions | Cut and paste | Show the picture of types of weathers |

**GLOW SHINE ACADEMY SECONDARY SCHOOL**

**Khairahani – 8, Chitwan**

**Terminal Planning**

Subject : Science Terminal: 4th Term

Class : One

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| **Sn.** | **Unit** | **Lesson** | **Objectives** | **New Words** | **Possible Questions** | **Project Work** | **Teaching Materials** |
| 1 | 2 | Information Technology | -Students will be able to know the different types of ICT | -Technology,information,communication | -Circle the best answer  -Fill in the blanks  -Match the following  -Answer the following questions | -Draw the pictures of ICT machines | -Showing the pictures of ICT devies |
| 2 | 19  19.8 | Physical education  Imitative games | -They can copy the actions of various animals or people |  |  |  |  |

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